# St. NICHOLAS CUP 2017

### ***RULES***

#### Team kata: boys and girls compete to gether.

Each team should consist of 3 boys or girls; mixed teams are allowed

* Preliminary matches (until the best 4)

The point system is applied. Each team can choose a kata from Shotokan ryu.

* Final matches.

All age categories:

The Point System is applied. Each team can choose its favourite kata from Shotokan ryu, but not the same kata as was performed during preliminary matches.

**Individual kata: boys and girls**

 **Age till 9 and 9 to 12 years**:

 - Preliminary matches (until the best 8):

 The Flag System is applied, and eligible kata are:

Heian Shodan, Nidan, Sandan,

 - Semi-final matches (from 8 to 4):

The Point System is applied. Each contestant can choose his/her favourite kata from the following: Heian Shodan, Nidan, Sandan, Yondan, Godan

* Final matches:

The Point System is applied. Each contestant can choose his/her favourite kata from the following: Heian Shodan, Nidan, Sandan, Yondan, Godan and Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi, but not the same kata as was performed during semi-final matches.

 **Age 12 to 14 years:**

 - Preliminary matches (until the best 8):

 The Flag System is applied, and eligible kata are:

Heian Shodan, Nidan, Sandan,Yondan, Godan

 - Semi-final matches (from 8 to 4):

The Point System is applied. Each contestant can choose his/her favourite kata from the following: Heian Shodan, Nidan, Sandan, Yondan, Godan

* Final matches:

The Point System is applied. Each contestant can choose his/her favourite Kata from the following: Heian Shodan, Nidan, Sandan, Yondan, Godan and Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi,Jitte, Gankaku but not the same kata as was performed during semi-final matches.

 **Age 14 to 16 years and age 16 to 18 years too:**

- Preliminary matches (until the best 8):

 The Flag System is applied, and eligible kata are:

Heian Shodan, Nidan, Sandan,Yondan, Godan and Tekki shodan.

 - Semi-final matches (from 8 to 4):

The Point System is applied. Each contestant can choose his/her favourite kata from the following: Heian Shodan, Nidan, Sandan, Yondan, Godan and Tekki Shodan , Bassai dai, Kanku dai, Jion, Empi

* Final matches:

The Point System is applied. Each contestant can choose his/her favourite kata from Shotokan ryu, but not the same kata as was performed during semi-final matches.

Tiebreak rule for semi-final and final kata matches:

In the case of a tie, the two contestants must engage in an extra match (sai-shiai) with the same kata. If this extra match ends in a tie, the lowest score will be added as a tiebreak. If the tie still exists, the highest score will be added as a tiebreak. If a deadlock is till at hand, the two contestants must engage in an additional extra match with a different kata.

**Individual kumite: boys and girls**

##### Age till 9 years:

 - Preliminary matches AND FINALS MATCHES

 KIHON IPPON KUMITE (One Step Sparring):

 Jodan (Face), Chudan (Stomach) and Maegeri (Front Kick)

 One attack each.

#####  Age till 9 and 11 years:

 - Preliminary matches (until the best 16)

 KIHON IPPON KUMITE (One Step Sparring):

 Jodan (Face), Chudan (Stomach) and Maegeri (Front Kick)

 One attack each.

 - Best 16 to the final

 Jiu Kumite (Free Sparing)

 **Age 12 to 18 years:**

 First match to final

 Jiyu Kumite (Free Sparing)

! Gloves, mouthpieces for boys and girls, and chest protector for girls are compulsory !

######  REGULATIONS

- Unlimited number of contestants. The number of contestants from each club is not limited.

- **Definition of age:**

* + **The age of contestants for each division is considered as of the date of the tournament,**

 **10. December 2017.**

- Disqualification:27

* + Any contestant who loses two matches as a result of fouls (hanzoku make) will be disqualified and unable to continue both kata and kumite matches. Such contestant must wear a red tape string on his upper left arm for the first foul, and a second red tape string for the second foul.
	+ Any contestant who is required to stop or withdraw from the game by the officially appointed tournament doctor will be disqualified and unable to continue.

- Preparation of protection gear.

* + Each contestant should bring his/her own protection gear: JKA-approved fist protectors\*, mouthpiece and chest protector (girls only)
	\* Fist protectors must not be thicker than 2 cm
	+ Any contestant who wears contact lenses must bring his/her own spare lenses and shall be required to reattach the spare lenses within 2 minutes in the event of the lenses coming off and being lost during a match.

- Other matters.

* + Officially appointed tournament doctors and staff will be present and administer first aid. The doctors shall hold the decision-making authority to decide if an injured contestant can continue the game or must withdraw from the game.
	+ Each contestant must carry valid health insurance and is responsible for his/her own healthcare beyond that provided by the tournament doctors in the sports arena.

 **ACCOMMODATION**

Dojo – sleeping in dojo SKBU Hostivar in sleeping bags for free.

Adress: Trhanovske namesti 179/9, Praha 10, 10200

It is possible to order breakfast – the price for one breakfast is 70,- Kč

Hotel Kanárek \*\*\* - Nice hotel close to dojo SKBU Hostivar, only 10 minutes by car to sport hall. Accommodation bed and breakfast. Adress: Proti proudu 6, Praha 10, 102 00. Single room – 33Eur, Double room – 44Eur, Tripple room – 59Eur

**Reservation no later than 22 November 2017** **skbu@seznam.cz**

**CONFIRMATION OF PARTICIPATION**

**Till 1. December 2017**
Please submit end your confirmation for participation together with the list of the names of competitors and officials and referees who will participate in the tournament by this date.

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 Karel Strnad

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